

# JOHN CHRISTOS STYLIARAS MD, MS

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## EDUCATION - TRAINING

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- **THOMAS JEFFERSON UNIVERSITY HOSPITAL**  
Dept of Neurological Surgery Philadelphia,  
Pennsylvania
  - NEUROLOGICAL SURGERY RESIDENCY – JUNE 2009-2016
  - NEUROLOGICAL SURGERY INTERNSHIP – JUNE 2009-2010
  
- **NAGOYA UNIVERSITY HOSPITAL**  
Dept of Neurological Surgery Nagoya,  
Aichi Prefecture, Japan
  - CLINICAL FELLOWSHIP IN NEUROSURGERY – SEPT-DEC 2014
  
- **GEORGETOWN UNIVERSITY**  
School of Medicine  
Washington, District of Columbia
  - **MD** - DOCTOR OF MEDICINE – MAY 2009
  
- **GEORGETOWN UNIVERSITY**  
Graduate School  
Washington, District of Columbia
  - **MS** - MASTER OF SCIENCE IN PHYSIOLOGY AND BIOPHYSICS – JUNE 2005
  
- **LOYOLA UNIVERSITY CHICAGO**  
College of Arts and Sciences Chicago,  
Illinois
  - **BS** - BACHELOR OF SCIENCE IN BIOLOGY – MAY 2004
  - **BA** - BACHELOR OF ARTS IN POLITICAL SCIENCE – MAY 2004
  - **MINOR** – INTERNATIONAL STUDIES – MAY 2004

## PUBLICATIONS - PRESENTATIONS

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### JOURNAL ARTICLES

- **Styliaras J**, Dalyai R, Amgad H, Sharan A, Harrop J. "Cerebrospinal fluid leaks from penetrating injuries: Diagnosis and treatment," ArgoSpine News & Journal, 2012 Dec;24 (3-4): 183-187.
  
- Harrop J, **Styliaras J**, Ooi Y, Radcliff K, Vaccaro A, Wu C. "Contributing Factors to Surgical Site Infections," J of Am Academy of Orthopaedic Surgeons. 2012 Feb; 20 (2):94-101.
  
- Dalyai RT, **Styliaras J**, Gonzalez LF, Tjoumakaris SI, Dumont AS, Rosenwasser RH, JabbourP. "De novo basilar artery

*aneurysm formation after placement of a Wingspan stent," Acta Neurochir. 2011 Nov; 153(11): 2147- 50*

- Ooi YC, **Styliaras J**, Sharan A. "*Thalamic stimulation for Epilepsy,*" Neurosurg Clinic of North America. 2011 Oct; 22(4): 457-64
- Popa P, Sinnot B, **Styliaras J**, Young M. "*Policy Brief: Title VII - A vital program for the nation's health,*" Association of Clinicians for the Underserved, 2006 Mar; Vol 1:4

## BOOK CHAPTERS

- **Styliaras J**, Vaccaro A, Leven H, Jallo J, Harrop J. "*Occipital-Cervical Fusion,*" in Vaccaro & Baron: Operative Techniques Spine Surgery, 2nd edition, Elsevier 2012
- **Styliaras J**, Sharan A, Birkness J, Ratliff J, Harrop J "*Resection of Intradural Intramedullary or Extramedullary Spinal Tumors,*" in Vaccaro & Baron: Operative Techniques Spine Surgery, 2nd edition, Elsevier Publishers 2012

## PRESENTATIONS

- **Styliaras JC**, "End-of-Life Care: A Framework for Engaging in Difficult Discussions," Medical Staff Grand Rounds, St. Luke's Hospital in Duluth, June 2017, Duluth, MN.
- **Styliaras JC**, "Neurosurgery and End-of-Life Care," St. Luke's Hospital in Duluth, March 2017, Duluth, MN.
- **Styliaras JC**, "*United States and Japan: Comparing and Contrasting Neurosurgical Training in 2 different Healthcare Systems,*" Grand Rounds, Thomas Jefferson University Hospital, May 2014, Philadelphia.
- **Styliaras JC**, "*Sugita Fellowship – Skull base neurosurgery for tumors and vascular lesions,*" 12<sup>th</sup> Annual Aichi Province Regional Meeting for Neurosurgery, December 2013, Nagoya, Japan.
- **Styliaras JC**, "*Deep Brain Stimulation – Overview on psychiatric indications and current research on use for psychiatric indications,*" Regional Kariya Toyota General Hospital, October 2013, Kariya, Japan.
- **Styliaras JC**, "*Traumatic and Spontaneous Cerebrospinal Fluid Leaks: diagnostic tools and treatment options,*" Grand Rounds, Thomas Jefferson University Hospital, March 2012, Philadelphia.
- **Styliaras JC**, Hassan D, Tjoumakaris S, Gonzalez F, Dumont A, Rosenwasser R, Jabbour P. "*Stent Assisted Coiling of Anterior Communicating Artery Aneurysms: Experience in 19 patients,*" Congress of Neurological Surgeons 2011 Annual Meeting, October 2011, Washington DC.
- **Styliaras JC**, "*Deep Brain Stimulation in Treatment-Resistant Depression (TRD): Safety and Efficacy,*" Grand Rounds, Thomas Jefferson University Hospital, May 2011, Philadelphia.
- Chandela S, Teufack S, Dalyai R, **Styliaras JC**, Randazzo C, Rosenwasser R, Jabbour P. "*Aneurysmal Subarachnoid Hemorrhage in Under Age 35 Population: A Single Center experience in 40 patients.*" Congress of Neurological Surgeons 2010 Annual Meeting, October, 2010, San Francisco.

## HONORS

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- **Sugita Scholarship and Fellowship** SEPT- DEC – 2013  
NAGOYA UNIVERSITY HOSPITAL, JAPAN DEPT  
OF NEUROLOGICAL SURGERY
- **Ambassador of Neurosurgery** JUNE – 2010  
THOMAS JEFFERSON UNIV HOSPITAL DEPT  
OF NEUROLOGICAL SURGERY
- **Jesuit Award for Leadership and Service** MAY – 2009  
GEORGETOWN UNIV SCHOOL OF MEDICINE OFFICE  
OF DEAN FOR MEDICAL EDUCATION
- **Physio Award for Academic Excellence** JUNE – 2005  
GEORGETOWN UNIVERSITY GRADUATE SCHOOL DEPT  
OF PHYSIOLOGY AND BIOPHYSICS
- **Delano Mellon Theology Essay Contest Award** APRIL – 2003  
LOYOLA UNIVERSITY CHICAGO DEPT.  
OF THEOLOGY
- **Pi Sigma Alpha Political Science Honor Society Research Project** APRIL – 2003  
LOYOLA UNIVERSITY CHICAGO DEPT.  
OF POLITICAL SCIENCE

## **ACTIVITIES - EXPERIENCE**

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- Biomedical Ethics Committee** SINCE APRIL 2018  
ST LUKE'S HOSPITAL, DULUTH, MN
- Sugita Scholar – Fellow** SEP – DEC 2013  
NAGOYA UNIVERSITY HOSPITAL, NAGOYA, JAPAN
- President of Student Council** JULY 2006-2009  
GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE
- Clerkship Liaison for General Surgery and Surgical Specialties** MAY 2007-2008  
GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE
- Georgetown Univ Student Insurance Committee Member** FEB – MAY 2007  
GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE
- Research Assistant – Dr. Zukowska's Neuropeptide-Y Lab** FEB – JULY 2006  
GEORGETOWN UNIVERSITY MEDICAL CENTER – DEPT. OF PHYSIOLOGY
- Laboratory Teaching Assistant – Gross Anatomy** AUG – DEC 2006  
GEORGETOWN UNIVERSITY SCHOOL OF NURSING AND HEALTH SCIENCES
- Laboratory Teaching Assistant – Neuro-Anatomy** APRIL – JUNE 2006  
GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE
- Organizer of Human Physiology Teaching Mentorship Program** JAN – APRIL 2006  
GEORGETOWN UNIVERSITY SCHOOL OF MEDICINE

## **MEMBERSHIPS**

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**CNS – Congress of Neurological Surgeons**

**AANS – American Association of Neurological Surgeons**

## **LANGUAGES**

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**English:** Speak and Write fluently

**Greek:** Native language